

If diet and exercise have failed to reduce areas of unwanted fat, then liposuction may provide the results you are looking for. The procedure is designed to improve body shape and remove unwanted fat from facial and body areas.

Liposuction is not a substitute for dieting and exercising, and it is not a weight-loss procedure. But it is very effective in removing fat in areas that simply do not respond to traditional weight reduction methods.

"Liposuction got rid of the stubborn fat buldges that dieting and regular exercising couldn't."

T. Reynolds

Before



After



How is the procedure performed?

Liposuction, also known as liposculpture, is the removal of unwanted fat from specific areas of the body. Using a straw-like tube called a cannula, the fat is drawn out of the body. Tiny incisions are strategically placed to be as inconspicuous as possible. Liposuction is not a substitute for weight loss, but rather a way to change what heredity may have dealt you in regard to your proportion. Several variations of the procedure exist, and by assessing your health, features, and the desired result, your surgeon will decide which technique is best for you.

The Tumescent Technique is performed by injecting the treatment areas with a liquid solution, generally comprised of saline, lidocaine, and epinephrine, prior to the surgery. This combination employs anesthesia and constricts blood vessels, making the fat easier to remove.

Ultrasonic Assisted Lipoplasty (UAL) is performed by utilizing ultrasound energy to liquefy the fat prior to its removal via the cannula. It can be quite beneficial for removing large volumes of fat or in areas that are especially fibrous or contain scar tissue.

After



Before

After



Before

What will I look and feel like afterward?

The first day there will be some bruising, swelling and soreness. You are encouraged to be up active (without exertion) as soon as possible. Your surgeon will be able to prescribe medication to control any discomfort.

During the first 5-10 days, the bruising will reach its most dominant stage and begin to fade. Any stitches will dissolve or be removed, and you may resume me light activities. You may have some bandages covering the incision marks and will most likely be

dressed in a special compression garment, which you will be expected to wear for up to 2 to 4 weeks.

After 2 to 3 weeks, you may resume light exercise. Puffiness or swelling may still be present, and you might experience numbness or itching as the nerves and tissue regenerate. You will immediately notice a difference and see the effects of the liposuction, but 6 months may elapse before the swelling vanishes completely and your new look takes its final shape..